

## **Curriculum Vitae**

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### **Nicolson Yat-Fan SIU**

Division of Social Science

The Hong Kong University of Science and Technology

Clear Water Bay, Kowloon, Hong Kong

☎ +852-2358-7839    ✉ [nicsiu@ust.hk](mailto:nicsiu@ust.hk)

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### **Education**

- **M.Phil. – Ph.D.** in Psychology (2011-2015)  
Department of Psychology, The Chinese University of Hong Kong
- **Master of Counselling** (2020-2023)  
Faculty of Education, Monash University
- **B.S.Sc.** in Psychology (2009-2011)  
Department of Psychology, The Chinese University of Hong Kong

### **Academic Position**

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| Since 2022  | Lecturer, Division of Social Science, The Hong Kong University of Science and Technology  |
| 2016 – 2021 | Assistant Professor, concurrent as Associate Director of Positive Psychology Laboratory (2019-2021) and Departmental Admission Committee Representative (2020), Department of Counselling and Psychology, Hong Kong Shue Yan University |
| 2015 – 2016 | Lecturer, Department of Counselling and Psychology, Hong Kong Shue Yan University   |

### **Consultancy & Community Services**

#### **Current Appointments**

- Honorary Consultant for “WonderKids Program” (Since 2021)  
A.D.E.C. Mood Disorder Integrated Center
- Counselling Consultant (2023-Present)  
AMINDSET Professional Counselling
- Education Programs Consultant (Since 2019)  
St. James’ Settlement

#### **Previous Services**

- Counselling Consultant (2022-2023)

- Stop Trafficking of People (STOP)
- Counselling Consultant (2022-2023)  
Equal Justice Hong Kong
- Counselling Consultant (2020-2023)  
Hong Kong Dignity Institute
- Honorary Consultant (Early Education and Training Center at Fu Tip Estate) (2021-2022)  
Christian Family Service Centre
- External Academic Adviser (2020-2022)  
Lingnan Institute of Further Education
- Research Advisor (2017-2019)  
Hong Kong Maggie's Cancer Caring Center
- Research and Training Advisor (2017-2019)  
PUYU Horticultural Therapy Services

#### **Professional Associations/ Membership in Professional Societies**

- Australia Counselling Association  
Member (No. IN1707, Since 2023)
- The Hong Kong Psychological Society  
Registered Psychologist (2022-872) and Associate Fellow (Since 2022)  
Graduate Member (Since 2015)
- Trainer for The Montreal Cognitive Assessment – Hong Kong Version (HK-MoCA) (Since 2019)  
Certified by The Division of Neurology, Department of Medicine and Therapeutics, The Chinese University of Hong Kong
- Hong Kong Association of Therapeutic Horticulture  
Vice-President (Since 2021)  
Co-Chair, Research Committee (Since 2019)  
Registered Horticultural Therapist (Since 2017)

#### **Editorial Experience**

- Editorial Board Member, Individual Differences, Acta Psychologica (2022-Present)
- Editor, CPQ Neurology and Psychology (CPQNP), (2018 – Present)

- Assistant Editor, Open Access Books in Psychology, De Gruyter Open, (2014–2017)
- Assistant Editor, Open Access Books in Psychology, Versita Publishing, (2012–2014)

### **Ad hoc Reviewer**

Journal of Personalized Medicine, Pain Medicine, Frontiers in Human Neuroscience, Psychiatry Research, Family Relations, Journal of Therapeutic Horticulture, Asia Pacific Journal of Counselling and Psychotherapy, Journal of Health and Environmental Research, Brain Sciences, Journal of Clinical Medicine, Children, Medicina, Research and Practice in Technology Enhanced Learning

### **Publications**

#### ***In Refereed Journals***

- Siu, N.Y.-F.**, Pichayayothin, N. B., & Law, S. C. Y. (2023). Cultural specificity of time perspective: Development and construct validation of the Thai Zimbardo Time Perspective Inventory (TH-ZTPI). *Current Psychology*, 1-9.
- Lui, W.-K., Chan, C.-K., Ng, K.-H., Chui, R C.-F., **Siu, N. Y.-F.**, Yung, C.-S., & Lau, K.-W. (2022). Awareness of meaning and quest for meaning: The mechanisms between future orientation and prosociality among youth during pandemic. *Frontiers in Psychology*, 13:1046803. doi: 10.3389/fpsyg.2022.1046803
- Przepiórka A, Błachnio A, Sullman M, Gorbaniuk O, **Siu N.Y.F.**, Hill T, Gras M-E, Kagialis A, Lisun Y, Díaz-Peñaloza M, Manrique-Millones D, Nikiforou M, Evtina GS, Taylor JE, Tekes B, Šeibokaite L, Wundersitz L, Calvo F and Font-Mayolas S (2021). Facebook Intrusion as a Mediator Between Positive Capital and General Distress: A Cross-Cultural Study. *Frontiers in Psychiatry*, 12:667536. doi: 10.3389/fpsyg.2021.667536
- Sun, R., Hou, W., Hui, P. H., **Siu, N. Y. F.**, Engels, T., & Sauter, D. (2021). Perception and evaluation of 23 positive emotions in Hong Kong and the Netherlands. *Frontiers in Psychology*, 12:579474. doi: 10.31234/osf.io/zvchx
- Shin, L. J., Margolis, S. M., Walsh, L. C., Kwok, S. Y., Yue, X., Chan, C-K., **Siu, N.Y.**, Sheldon, K. M., & Lyubomirsky, S. (2021). Cultural

differences in the hedonic rewards of recalling kindness: Priming cultural identity with language. *Affective Science*, 2, 80-90.

**Siu, N. Y. F.**, Leung, B. S. K., & Fung, C. Y. Y. (2021). Horticultural therapy professionalism and educational programs development in Hong Kong and China. In *XV International People Plant Symposium and II International Symposium on Horticultural Therapies: the Role of Horticulture in 1330* (pp. 245-252).

Leong, J. L., Chen, S. X., Fung, H. H., Bond, M. H., **Siu, N. Y.**, & Zhu, J. Y. (2020). Is Gratitude Always Beneficial to Interpersonal Relationships? The Interplay of Grateful Disposition, Grateful Mood, and Grateful Expression Among Married Couples. *Personality and Social Psychology Bulletin*, 46(1), 64-78.

Hui, B. P. H., Wu, A., **Siu, N. Y.**, Chung, M. L., & Pun, N. (2019). The Effects of Need Satisfaction and Dissatisfaction on Flourishing among Young Chinese Gamers: The Mediating Role of Internet Gaming Disorder. *International journal of environmental research and public health*, 16(22), 4367.

Przepiorka, A., **Siu, N.Y.F.**, Szcześniak, M., Timoszyk-Tomczak, C., Le, J. J., & Muñoz, M. P. (2019). The Relation Between Personality, Time Perspective and Positive Orientation in Chile, Hong Kong, and Poland. *Journal of Happiness Studies*, 21, 1081-1101.

Przepiorka, A., Błachnio, A., & **Siu, N.Y.F.** (2019). The relationships between self-efficacy, self-control, chronotype, procrastination and sleep problems in young adults. *Chronobiology international*, 36(8), 1-11.

Fung, C. Y. Y., & **Siu, N. Y. F.** (2018). Horticultural therapy professionalism and professional certification: an experience from Hong Kong. In *International Symposium on Horticultural Therapies: Past, Present and Future 1313* (pp. 33-40).

So, S. H. W., **Siu, N.Y.F.**, Wong, H. L., Chan, W., & Garety, P. A. (2016). 'Jumping to conclusions' data-gathering bias in psychosis and other psychiatric disorders - Two meta-analyses of comparisons between patients and healthy individuals. *Clinical Psychology Review*, 46, 151-167.

**Siu, N.Y.F.**, Lam, H.H., Le, J.J. & Przepiorka, A.M. (2014). Time Perception and Time Perspective differences between Adolescents and Adults. *Acta Psychologica*, 151, 222-229.

Chan, A.S., Sze, S.L., **Siu, N.Y.**, Lau, E.M., & Cheung, M-c. (2013). A Chinese Mind-Body Exercise Improves Self-Control of Children with Autism: A Randomized Controlled Trial. *PLoS ONE*, 8(7): e68184. doi:10.1371/journal.pone.0068184

**Siu, Y.-F.**, Chan, S., Wong, K.-M. & Wong, W.-S. (2012). The Comorbidity of Chronic Pain and Sleep Disturbances in a Community Adolescent Sample: Prevalence and Association with Sociodemographic and Psychosocial Factors. *Pain Medicine*, 13: 1292–1303.

### **Books/ Book Chapters/ Proceedings**

Chan, A. C.-K., Steger, M. F., Chui, R. C.-F., **Siu, N. Y.-F.**, Wong-Ip, S. C. P., & Lam, B. Y.-H. (2022). Proceedings of the Meaning in Life International Conference 2022 - Cultivating, promoting, and enhancing meaning in life across cultures and life span. Atlantis Press. <https://www.atlantis-press.com/proceedings/mil-22/articles>

Lui, W.-K., Chan, C.-K., Chui, C.-F. R., **Siu, Y.-F.**, Lau, K.-W., Yung, C.-S. (2022). Awareness of Meaning: The mechanism between future orientation and prosocial tendency. In A. C.-K. Chan, M. F. Steger, R. C.-F. Chui, N. Y.-F. Siu, S. C. P. Wong-Ip, & B. Y.-H. Lam (Eds), Proceedings of the Meaning in Life International Conference 2022 - Cultivating, promoting, and enhancing meaning in life across cultures and life span (pp.171-184). Atlantis Press. DOI: [https://doi.org/10.2991/978-94-6463-096-1\\_13](https://doi.org/10.2991/978-94-6463-096-1_13)

Law, S. C. Y., Chui, R. C. F., **Siu, N. Y. F.**, & Ching, C. H. (2022). Exploring the relationships between online learning, motivation, social presence, and learning efficacy. In Digital Communication and Learning: Changes and Challenges (pp. 239-252). Singapore: Springer Singapore.

Chui, R. C. F., **Siu, N. Y. F.**, Tsui, W. M., & Wong, C. Y. T. (2020). The Efficacy of the Mobile Application-Based Mindfulness Mediation on Adjustment of College Students in Hong Kong: A Randomized Controlled Trial. In Will W.L. Ma, K.W. Tong and Wing B.A. Tso (Eds), *Learning Environment and Design: Current and Future Impacts* (pp. 227-244), Singapore: Springer.

馮婉儀、**蕭一凡** (2020)。園藝治療與生死教育。載於馮婉儀、郭翰琛 (編著)，*園藝治療與長者服務 – 種出身心好健康* (55-86 頁)，香港：明窗出版社。

**蕭一凡**、馮婉儀 (2020)。園藝治療應用於長者情緒健康。載於馮婉儀、郭翰琛 (編著)，*園藝治療與長者服務 – 種出身心好健康* (87-116 頁)，香港：明窗出版社。

蕭一凡、黃達洋 (2020)。園藝治療與認知障礙長者。載於馮婉儀、郭翰琛 (編著)，園藝治療與長者服務 – 種出身心好健康 (197-212 頁)。香港：明窗出版社。

Przepiorka, A., Sobol-Kwapinska, M., & Siu, N.Y. (2017). Time Perspective Management in Counseling. In Tokarska, U. (Ed.), *Applied Psychology of Time* (pp.95-110). Poland: Polish Scientific Publishers.

### **Magazine**

Siu, N.Y-F., June, K-M. Lau, & Fung, C. Y. Y. (2021, September). The Effects of Horticultural Therapy on Elderly with Chronic Pain in Hong Kong. *American Horticultural Therapy Association Magazine*, 49(2), pp.15-16.

蕭一凡 (2020 年 12 月)。〈園藝治療與正向心理學〉。《悠然》，15，20。

Leung, B. & Siu, N.Y-F. (2019, September). Horticultural Therapy: Toward an Evidence-based Practice Symposium. *American Horticultural Therapy Association Magazine*, 47(2), pp.13.

### **Conference Presentations**

Siu, N.Y-F., Michalska, M., Chan, A.C.K., Chui, R. C.F., Lam, B.Y.H., Tsui, C.W.M., & Yung, E. (2023). *Developing a Parent-Based Empathy and Compassion Intervention: A pilot study*, Poster Presentation at Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, UTAH, USA (23-25 Mar).

Siu, N.Y-F. & Ng, H. K-Y. (2021). *Guard against Covid-19: Predicting Young People's Pro-Society Actions, The Theory of Planned Behavior*. Presentation at International Virtual Research Symposium, CamEd Business School, Cambodia (14 Nov).

Siu, N.Y-F., Leung, B. S-K., Fung, C.Y.Y. (2021). Horticultural Therapy Professionalism and Educational Programs Development in Hong Kong and China. Pre-recorded Presentation at joint symposium encompassing the 15th International People Plant Symposium, the 48th American Horticultural Therapy Association Annual Conference, and the 2nd International Symposium on Horticultural Therapies (Virtual), October 29-30, 2021.

Chan, C.-K., Kung M.-W., Wong, W.-K., Cutuli, J. J., Herbers, J. E., Zhang, X., Chueng, Y., & Siu, Y-F. (2021). Developing a parent-focused intervention for enhancing executive functions of young Chinese

- children. Virtual poster presentation at the 2021 American Psychological Association Annual Convention (virtual), August 12-14, 2021.
- Chan, C.-K., Chui, C.-F. R., **Siu, Y.-F.**, Kung, M.-W., Yuen, W.-H., Chau, E. Y.-C., Lau, W.-Y., Lui, W.-K., Ng, K.-H., & Fung, Y.-Y. (2021). Youth gambling in online gaming and Esports: The associations with pathological gaming and gambling. Virtual poster presentation at the 2021 American Psychological Association Annual Convention (virtual), August 12-14, 2021.
- Lui, W.-K., Lau, K.-W., Chan, C.-K., Chui, C.-F. R., & **Siu, Y.-F.** (2021). Awareness of Meaning: The mechanism between future orientation and prosocial tendency. Virtual poster presentation at the 2021 American Psychological Association Annual Convention (virtual), August 12-14, 2021.
- Law, C.-Y., Chung, H.-C., Kung M.-W., Yu, T.-S., Ng, K.-H., Chan, N.-Y., Lui, W.-K., Lau, K.-W., Wong, C.-S., **Siu, Y.-F.**, Chui, C.-F. R., & Chan, C.-K. (2021). COVID 19 and psychological health: A path analysis on impact of the pandemic, self-compassion, meaning-in-life, and compassion-to-others. Pre-recorded gallery showcase (E-poser) at the International Positive Psychology Association's (IPPA) Seventh World Congress (Virtual), July 15-17, 2021.
- Chung, H.-C., **Siu, N.Y.-F.**, Chui, R.C.-F., & Law, S. C.-Y. (2021). Extroverts Readiness to Online Learning and Distraction in Distance Learning. Paper presentation at the 2021 Hong Kong Association for Educational Communications and Technology (HKAECT) International Conference (Hybrid), Hong Kong, June 24-26, 2021.
- Law, S. C.-Y., Chui, R.C.-F., **Siu, N.Y.-F.**, & Chung, H.-C. (2021). E-learning and Learning Motivation: Exploring the Moderation Effects of Social Presence and Learning Efficacy. Paper presentation at the 2021 Hong Kong Association for Educational Communications and Technology (HKAECT) International Conference (Hybrid), Hong Kong, June 24-26, 2021.
- Lui, H.W., Chan, S. W.-Y., **Siu, N.Y.-F.**, & Chan, R. (2021). Music Therapy Support Group for Cancer Patients. Presentation at The 22nd World Congress of Psycho-Oncology & Psychosocial Academy (IPOS 2021), May 26-29, 2021 at Tokyo (Virtual).
- Chan, C.-K., Chui, C.-F. R., **Siu, Y.-F.**, Kung, M.-W., Yuen, W.-H., Chau, E. Y.-C., Lau, W.-Y., Lui, W.-K., Ng, K.-H., & Fung, Y.-Y. (2021). Predicting

- youth gambling in online gaming and Esports with pathological gaming and gambling. Virtual poster showcase (poster presentation) at the Association of Psychological Science 2021 Virtual Convention, May 26-27, 2021.
- Wong, W.-K., Chan, C.-K., Cutuli, J. J., Herbers, J. E., Zhang, X., Kung M.-W., Chueng, Y., & **Siu, Y.-F.** (2021). A pilot study of a parent-based intervention to enhance the executive function skills of young Chinese children from low-SES families. Virtual poster showcase (poster presentation) at the Association of Psychological Science 2021 Virtual Convention, May 26-27, 2021.
- Lui, W.-K., Chan, C.-K., Chui, C.-F. R., **Siu, Y.-F.**, & Lau, K. W. (2021). Meaning in life: The mechanism between future orientation and prosocial tendency during COVID-19 pandemic. Virtual poster showcase (poster presentation) at the Association of Psychological Science 2021 Virtual Convention, May 26-27, 2021.
- Chan, C.-K., Chui, C.-F., Yuen, W.-H., **Siu, Y.-F.**, Kung, M.-W., Chau, Y.-C., Lau, W.-Y. (2020). Online gambling in online gaming platforms. Presentation at the 5th Asian Pacific Problem Gambling and Addiction Conference (APPGAC), Hong Kong Polytechnic University, Hong Kong, November 27-28, 2020.
- Siu, N.Y.F.**, Chan, W.Y.Z., & Tsang, C.H.M. (2018). A pilot study on the effectiveness of horticultural therapy on improving the cognitive and psycho-social function of older adults. Presentation at 15th World Congress on Long Term Care in Chinese Communities cum 25th Annual Congress of Gerontology & 7th Cross-border Elderly Care Seminar, 29th November – 1st December, 2018 at The Hong Kong Polytechnic University, Hong Kong.
- Siu, N.Y.F.**, & Fung, Y.Y.C. (2018). The Development of Evidence-based Practice of Horticultural Therapy in Hong Kong: A study on Intellectual disability and Autism Spectrum Disorder. Presentation at American Horticultural Therapy Association Conference, 5th -6th October, 2018 at Denver, United States.
- Przepiórka, A., Sobol-Kwapińska, M., Gut, A., Wołośńcej, M., & **Siu, N.Y.** (2017). Cognitive Representations of Time in Relation to Culture. Presentation at The International Society for The Study of Individual Differences (ISSID), 24th-28th July, 2017, Warsaw, Poland.



Przepiórka, A., Sobol-Kwapińska, M., Gut, A., **Siu, N.Y.**, Wołośńciej, M., & Hirsch, J. (2017). We are approaching vacation: Time Representations Metaphor. Presentation at IX European IACCP Conference – From a Cross-Cultural Perspective: Conflicts and Cooperation in Shaping the Future of Europe, 16th-20th July, 2017, Warsaw, Poland.

Fung, Y.Y., Wong, E., & **Siu, N.Y.** (2017). Horticultural Therapy on Adults with Autism Spectrum Disorder comorbid with Intellectual Disabilities. Presentation at Fu Hong Society 40th Anniversary Symposium, 1st - 2nd June, 2017 at Hong Kong Baptist University, Hong Kong.

**Siu, N.Y.**, Przepiórka, A.M., Le, J.J. (2015). The Association between Attention Functions & Time Perception. Poster Presentation at 14th European Congress of Psychology, 7th-10th July, 2015 held at Milan, Italy.

Przepiórka, A.M., Szczesniak, M., Timoszyk-Tomczak, C., **Siu, N.Y.**, & Le, J.J. (2014). Cross-cultural Comparison on the Relation between Time Perspective and Personality. Presentation at 2nd International Conference on Time Perspective, 29th July – 1st August, 2014 held at Warsaw, Poland.

**Siu, N.Y.**, Lam, H.H., Le, J.J. & Przepiórka, A.M. (2014). The Relation between Time Perception and Time Perspective. Symposium: Definition and measure of time perspective: trends and developments across cultures. Presentation at 28th International Congress of Applied Psychology, 8-13 July, 2014 held at Paris, France.

Lam, B.C.P., Chen, S.X., & **Siu, Y. -F.** (2012). Social Axioms and Interpersonal Trust. Poster Presentation at 30th International Congress of Psychology, 22nd - 27th July, 2012 held at the Cape Town International Convention Center, Cape Town, South Africa.

### **Conference Organizing Experiences**

- International Program Committee, Hong Kong Association of Educational and Communications Technology (HKAECT) 2022. International Conference (June 16-18, 2022 @ Hong Kong University Library), “Innovation and Transformation: The Post-pandemic Landscape of Education and Beyond”.

- Conference Program Committee Member, Hong Kong Association of Educational and Communications Technology (HKAECT) 2021 International Conference (June 24-26, 2021 @ Hong Kong University Library), “A New Paradigm for Digital Communication and Learning: Changes and Challenges”.
- Organizing Committee Co-Chair, Horticultural Therapy and Life Education: A One-day Public Seminar cum Annual General Meeting for Hong Kong Association of Therapeutic Horticulture, The Open University of Hong Kong, Hong Kong, 27 February, 2021.
- Organizing Committee for Psychology of Christian Faith 2017 Conference, At The Jockey Club Tower, Centennial Campus, The University of Hong Kong, Hong Kong, 14 January, 2017.
- Organizing Committee for the 1<sup>st</sup> International Conference on Horticultural Therapy & Therapeutic Landscaping, The Polytechnic University of Hong Kong, Hong Kong, 27-28 June, 2014.
- Assistant for the U.S.-Hong Kong 2015 Conference: Putting Aging Research and Clinical Practice in Cultural Context, The Chinese University of Hong Kong, Hong Kong, 5-6 January, 2015

## **Research Grants**

### ***As Principal Investigator***

- Principal Investigator, Research on Pertinent Psychological Experiments for Detainee Mood Status Alert System, External Funding from Hong Kong Applied Science and Technology Research Institute Company Limited (ASTRI), Aug 2020 – Feb 2021, HKD535,900.
- Principal Investigator, Enhancing Parents’ Competency to Support the Social and Emotional Needs of Young Children Through a Parent-Based Empathy and Compassion Intervention (UGC/FDS15/H03/19), 2019/20 Competitive Research Funding Schemes for the Local Self-financing Degree Sector, Research Grant Council, Hong Kong, 2019, HK\$1,059,439.
- Principal Investigator, “Horticultural Therapy for Adults with Intellectual Disabilities Comorbid with Autism Spectrum Disorder”, Fu Hong Society, 2016-2017, HK\$80,095.
- Principal Investigator, “The predicament of growing up during the stage of emerging adulthood”, Research Fund of Steering Committee for Promoting Personal Development through Social and Civic

Engagement, The Chinese University of Hong Kong, I – Care Program, 2011, HK\$5800.

**As Co-Principal Investigator**

- Co-Principal Investigator, “Restorative Justice: an interdisciplinary research and application of theories on psychology and social neuroscience in the criminal justice process”. (Project No.: UGC/IIDS15/H04/21), Inter-Institutional Development Scheme (IIDS), Research Grants Council, Hong Kong, 2022, HK\$510,832

**As Co-Investigator**

- Co-Investigator, “Positive Technology: Possible Synergies between Emerging Technologies and Positive Psychology”. (Project No.: UGC/IIDS15/H01/21), Inter-Institutional Development Scheme (IIDS), Research Grants Council, Hong Kong, 2022, HK\$601,838 (PI: Dr. Chan Chi-Keung, Alex)
- Co-Investigator, Youth Gambling Prevalence in Online Gaming and eSports Environment Research, External Funding from Hong Kong Child and Youth Services, May 2020 – March 2021, HKD486,160 (PI: Dr. Chan Chi-Keung, Alex).
- Co-Investigator, “Cultivating, Promoting, and Enhancing Meaning in Life Across Cultures and the Life Span”. (Project No.: UGC/IIDS15/H01/20), Inter-Institutional Development Scheme (IIDS), Research Grants Council, Hong Kong, 2021, HK\$436,180 (PI: Dr. Chan Chi-Keung, Alex)
- Co-Investigator, Participants' physiological and behavioural responses to evaluative and facilitative mediation narratives (UGC/FDS15/H10/19), 2019/20 Competitive Research Funding Schemes for the Local Self-financing Degree Sector, Research Grants Council, Hong Kong, 2020, HK\$868,194 (PI: Dr. Lui Chit-Ying, Wendy)
- Co-Investigator, Youth Identity Status and its Psychosocial Correlates: A Longitudinal Study in Hong Kong (UGC/IDS(C)15/H01/19), 2019/20 Institutional Development Scheme (IDS) Collaborative Research Grant, Research Grants Council, Hong Kong, 2019, HK\$3,730,796 (PI: Prof. Cheung Yuet Wah)
- Co-Investigator, “Positive Neuroscience: A Dialogue Between Scientists and Practitioners.” (Project No.: UGC/IIDS15/H01/17), Inter-Institutional Development Scheme (IIDS), Research Grants Council, Hong Kong, 2018, HK\$785,665 (PI: Dr. Chan Chi-Keung, Alex)
- Co-Investigator, “Music is My Shepherd: The Role of Lyrics Composition in Enhancing Resilience of Female Adolescents Dancing

with Emotional Issues”, Sisters of the Good Shepherd Grant, 2016-2017, HK\$30,000 (PI: Ng, H.K.Y.)

### **Invited Talks, Training workshops and Seminars**

- Wong, M.,H.,I. & **Siu, N.Y.** (2022). Why are prepositions so challenging for L2 learners? Some answers from brain responses. Invited talk at Society of Fellows in the Humanities, The University of Hong Kong (15 Feb).
- **Siu, N.Y.F.** (2022). *Be Positive with A Growth Mindset*, Academic Talk invited by Y.W.C.A. Hioe Tjo Yoeng College, Hong Kong (18 Jan)
- **Siu, N.Y.F.** (2021). *Mental Health Concerns Associated with Refugees, Asylees and Immigrants*, Training workshop invited by Bless Vision Foundation, Hong Kong (15 Dec).
- **Siu, N.Y.F.** (2021). *Merits and Limitation of Positive Psychology: A Look toward the future*. Guest Lecture (PSYC A236F Positive Psychology and Mental Health), Invited by School of Arts and Social Sciences, The Open University of Hong Kong, Hong Kong (13 Dec).
- **Siu, N.Y.F.** (2021). *Introduction to Horticultural Therapy and Its Influence on Mental Health*. Invited presentation for Mental Health Caring Project – How connecting with nature helps our mental health, The Hong Kong Polytechnic University (11 Oct).
- **Siu, N.Y.F.** (2021). *Introduction to Horticultural Therapy and Its Influence on Mental Health*. Invited presentation for Counseling and Wellness Center, The Hong Kong University of Science and Technology (25 Sept).
- **Siu, N.Y.F.** (2021). *Horticultural Therapy & Resilience in Old Age*. Presentation at Symposium: Resilience: A resource for coping against life adversities in late-life, Golden Age Expo & Summit 2021 (27-29, Aug)
- **Siu, N.Y.F.** & Kwok, H.S. (2021). *Horticultural Therapy Seminar*. Invited speaker for Staff Development Day, China Citic Bank International, Hong Kong (29 Jun)
- **Siu, N.Y.F.** (2021). *Introduction to Horticultural Therapy*. Guest Lecture (Contemporary Complementary and Alternative Psychosocial

Interventions for People with Physical and Mental Health Needs),  
Invited by The Department of Social Work and Social Administration,  
The University of Hong Kong (1 Apr).

- **Siu, N.Y.F.** (2021). *How to prepare for viva*. Graduate Seminar for postgraduates. Hong Kong Shue Yan University, Hong Kong (5 Mar).
- **蕭一凡** (2020)。 「園」滿人生 - 園藝治療與生死教育。 獲邀於「死都要講 DEATH TALK」生死教育地區論壇，由博愛醫院生死教育地區連網主辦，香港 (11 Dec)。
- **Siu, N.Y.F.** (2020). *Application of Positive Psychology in Building a Harmonious Community*. Guest Lecture (PSYC A236F Positive Psychology and Mental Health)Invited by School of Arts and Social Sciences, The Open University of Hong Kong, Hong Kong (16 Dec)
- **Siu, N.Y.F.** (2020). *Psychological Wellbeing in Changing Times: Inner Nurturing and Personal Growth Series – Horticultural Therapy and Positive Psychology*. Guest Speaker Invited by Li Ka Shing School of Professional and Continuing Education, The Open University of Hong Kong, Hong Kong (9 Dec)
- **蕭一凡** (2020)。 園藝治療體驗工作坊。獲邀於「教師發展日」培訓老師以園藝治療教導學管理正向情緒，由聖公會李福慶中學主辦，香港 (20 Nov)。
- **Siu, N.Y.F.** (2020). *Zoom Seminar on Preparation for RGC's Competitive Research Funding Schemes (CRFS) for 2021/22 Exercise*. Invited by Research Office, Hong Kong Shue Yan University (7 Oct).
- **蕭一凡、馮婉儀**(2020)。 從腦神經科學看長者與園藝治療之應用。獲邀報告在園藝治療與長者服務專題講座暨新書分享會，由香港園藝治療協會及聖雅各福群會合辦，香港 (13 July)。
- **Siu, N.Y.F.** (2020). *The Viva: Preparation, Performance and Beyond*. Graduate Seminar for postgraduates. Hong Kong Shue Yan University, Hong Kong (1 Apr).
- **Siu, N.Y.F.** (2019). *Emotional Intelligence*. Invited Presentation for the Workshop on Applying Horticultural Therapy in Soothing Negative Emotions, Co-organized by St James Settlement, Sow Good! Positive Education Center and Hong Kong Association of Therapeutic Horticulture, Hong Kong (27 Aug).

- Leung, H.F., Lui, W.C.Y. & Siu, N.Y.F. (2019). *Evaluating Evaluation Mediation: Applying Biophysiological measures in Legal Practice*. Panel Session at IDS International Conference, Hong Kong Shue Yan University, Hong Kong (3 May).
- Siu, N.Y.F. (2019). *Publish, not Perish: The ways to get your research published*. Graduate Seminar for postgraduates. Hong Kong Shue Yan University, Hong Kong (10 Apr).
- Siu, N.Y.F. (2018). *Introduction to Meta-Analysis*. Training workshop for postgraduates. Hong Kong Shue Yan University, Hong Kong (16 Nov).
- Siu, N.Y.F. (2018). *Effective Note-Taking Style*. Graduate Seminar for postgraduates. Hong Kong Shue Yan University, Hong Kong (22 Oct).
- Li, W.O. & Siu, N.Y.F. (2017). Neurophysiological Techniques in Decision Making: tDCS in Moral Judgment Research. Seminar at Hong Kong Shue Yan University, Hong Kong (21 Dec).
- Siu, N.Y.F. (2016). How mindfulness training would affect the distribution of attentional resources. Invited presentation at The University of Hong Kong for the Christian Association for the Psychology of Religion, Hong Kong (21 May).
- Siu, N.Y.F. (2016). Guest Speaker at Academic Assembly, The Y.W.C.A. Hioe Tjo Yoeng College, Hong Kong (3 Feb)

## **Awards**

### *Research Awards*

- Outstanding Poster of The Year 2011 (2<sup>nd</sup> Runner Up)  
Department of Psychology, The Chinese University of Hong Kong

### *Teaching Awards*

- Outstanding Performance for 1<sup>st</sup> Semester 2020/21 (Top 3% Teacher)  
Department of Counselling & Psychology, The Hong Kong Shue Yan University
- Distinguished Teaching Assistant Award, 1<sup>st</sup> Term 2012-2013  
Department of Psychology, The Chinese University of Hong Kong
- Distinguished Teaching Assistant Award, 2<sup>nd</sup> Term 2012-2013  
Department of Psychology, The Chinese University of Hong Kong