

Curriculum Vitae

Beatrice, Pui-yee LAI

Personal Particulars

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Education

2003 – 2007 M.Phil.- Ph.D. in Psychology, CUHK (Health Psychology/Developmental Psychology)
 2000 - 2003 BSSc In Psychology, CUHK
 (1st Honors; Specialization: Psychology and Health; Minor: French)
 1994 - 2000 Tuen Mun Government Secondary School

Academic Positions

Sep 2012 to present Lecturer I, Division of Social Science, HKUST
 - Developing and teaching psychology courses in the undergraduate and postgraduate programs, including Discovering Mind and Behavior, Psychology and Everyday Life, Psychology of Adolescence and Adulthood, Abnormal Psychology, Personal Growth, Understanding Human Behavior

Aug 2009 – Aug 2012 Visiting Scholar, Division of Social Science, HKUST
 - Developing and teaching psychology courses in the undergraduate program, including Introduction to Psychology, Psychology of Adolescence and Adulthood, Health Psychology, and Psychology of Gender.

2007 – July 2009 Postdoctoral Fellow, Department of Obstetrics and Gynaecology, CUHK
 - Leading a research team to conduct studies on postnatal depression, psychological morbidity following miscarriage, psychological adjustment of gynecologic cancer patients, psychological aspects of urinary incontinence, and quality of life during menopause. Supervised medical students on their graduate thesis.

Research Interests

- Women's health
- Perinatal mental health
- Parenting and adolescent development

Publications

1. Kong, G. W. S., Lok, I. H., Yiu, A. K. W., Hui, A. S. Y., **Lai, B. P. Y.**, Chung, T. K. H. (2013). Clinical and psychological impact after surgical, medical or expectant management of first-trimester miscarriage – a randomised controlled trial. *Australian and New Zealand Journal of Obstetrics and Gynaecology*, 53(2), 170-177.
2. Chan, S. S. C., Cheung, R. Y. K., Yiu, **Lai, B. P. Y.**, Lee, L. L., Choy, K. W., Chung, T. K. H. (2013). Responsiveness of the Pelvic Floor Distress Inventory and Pelvic Floor Impact Questionnaire in women undergoing treatment for pelvic floor disorders. *International Urogynecology Journal*, 24, 213-221. [IF = 2.368]
3. **Lai, B. P. Y.**, Chung, T. H. K., Lee, D. T. S., Kong, G. W. S., Lok, I. H. (2013). Measuring grief following miscarriage: psychometric properties of the Chinese version of the Perinatal Grief Scale (PGS). *Assessment*, 20, 123-129. [IF = 1.974]
4. Chan, S. S. C., Cheung, R. Y. K., Yiu, K. W., Li, J., **Lai, B. P. Y.**, Choy, R. K. W. (2011). Chinese validation of Pelvic Floor Distress Inventory (PFDI) and Pelvic Floor Impact Questionnaire (PFIQ). *International Urogynecology Journal*, 22, 1305-1312. [IF = 2.368]
5. **Lai, B. P. Y.**, Tang, A. K. L., Lee, D. T. S., Yip, A. S. K., Chung, T. K. H. (2010). Detecting postnatal depression in Chinese men: a comparison of three instruments. *Psychiatry Research*, 180, 80-85. [IF = 2.373]
6. **Lai, B. P. Y.**, Tang, C. S. K., Chung, T. K. H. (2010). A prospective longitudinal study investigating neuroticism and mastery as predictors of quality of life among Chinese gynecologic cancer survivors. *Quality of Life Research*, 19, 931. [IF = 2.376]
7. Tang, C. S. K., **Lai, B. P. Y.**, Chung, T. K. H. (2010). Influences of mastery, spousal support, and adaptive coping on sexual drive and satisfaction among Chinese gynecologic cancer survivors. *Archives of Sexual Behavior*, 39, 1191-1200. [IF = 3.239]
8. Chan, S. S. C., Choy, K. W., **Lai, B. P. Y.**, Pang, S. M. W., Yip, S. K., Lee, L. L. L., Cheung, R. Y. K., Yiu, A. K. W., Chung, T. K. H. (2010). Chinese validation of Urogenital Distress Inventory and Incontinence Impact Questionnaire short form. *International Urogynecology Journal*, 21, 807-812. [IF = 2.412]
9. Kong, G.W.S., Chung, T.K.H., **Lai, B.P.Y.**, Lok, I.H. (2010). Gender comparison of psychological reaction after miscarriage: a 1-year longitudinal study. *BJOG – An International Journal of Obstetrics and Gynaecology*, 117, 1211-1219. [IF = 3.437]
10. Pang, M. W., Law, L. W., Leung, T. Y., **Lai, B. P. Y.**, Lau, T. K. (2009). Sociodemographic and pregnancy events associated with women who declined vaginal

- birth after caesarean section. *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 143, 24-28. [IF = 1.582]
11. **Lai, B. P. Y.**, Tang, C. S. K., & Chung, T. K. H. (2009). Age-specific correlates of quality of life in Chinese women with cervical cancer. *Supportive Care in Cancer*, 17, 271-278. [IF = 2.089]
 12. **Lai, B. P. Y.**, & Tang, C. S. K. (2008). The negative impact of maternal bulimic symptoms on parenting behavior. *Journal of Psychosomatic Research*, 65,181-9. [IF = 2.908]
 13. **Lai, B. P. Y.**, & Tang, C. (2008). Parenting efficacy and adolescent self-esteem. In T. Oei & C.Tang (Eds.), *Current research & practice on cognitive behavior therapy in Asia*, pp. 61-76. Australia: University of Queensland.
 14. Tang, C. S. K., & **Lai, B. P. Y.** (2008). A review of empirical literature on the prevalence and risk markers of male-on-female intimate partner violence in contemporary China, 1987-2006. *Aggression and Violent Behavior*, 13, 10-28. [IF = 1.655]
 15. **Lai, B. P. Y.**, Tang, C. S. K., & Tse, W. K. L. (2006). A longitudinal study investigating disordered eating among recently delivered Chinese women. *International Journal of Eating Disorder*, 39(4), 303-311. [IF = 2.797]
 16. **Lai, B. P. Y.**, Tang, C. S. K., & Tse, W. K. L. (2005). Prevalence and psychosocial correlates of disordered eating among Chinese pregnant women in Hong Kong. *Eating Disorders: The Journal of Treatment and Prevention*, 13, 171-186.
 17. Leung, C. Y. W., McBride-Chang, C., & **Lai, B. P. Y.** (2004). Relations Among Maternal Parenting Style, Academic Competence, and Life Satisfaction in Chinese Early Adolescents. *Journal of Early Adolescence*, 24(2), 113-143. [IF = 1.267]

Conference Presentations

1. **Lai, B. P. Y.**, Lee, D. T. S., Tang, A. K. L., Chung, T. K. H. (2008). Prevalence and risk factors of postnatal depression among Chinese men in Hong Kong. Paper presented at the International Marcé Society 2008 Conference, Sydney, Australia.
2. **Lai, B. P. Y.**, Lee, D. T. S., Tang, A. K. L., Chung, T. K. H. (2008). Validation of the Edinburgh Postnatal Depression Scale among Chinese men in Hong Kong. Paper presented at the International Marcé Society 2008 Conference, Sydney, Australia.
3. **Lai, B. P. Y.**, Tang, C. S. K., Chung, T. K. H. (2008) Quality of life in Chinese women with gynecological cancers. Poster presented at the 10th International Congress of Behavioral Medicine, Tokyo, Japan.
4. **Lai, B. P. Y.**, & Tang, C. S. K. (2007). Cognitive coping as a moderator of the relationship between parenting stress and parental responsiveness. Paper presented at V World Congress of Behavioural & Cognitive Therapies, Hong Kong.
5. **Lai, B. P. Y.**, & Tang, C. S. K. (2006) Parenting self-efficacy in Chinese mothers and fathers: Its association with parenting behaviors and child's future aspiration. Poster presented at the 1st Asian Cognitive Behavior Therapy (CBT) Conference:

Evidence-based Assessment, Theory & Treatment, Hong Kong.

6. **Lai, B. P. Y., & Tang, C. S. K.**(2004). A longitudinal study investigating disordered eating among recently delivered women in Hong Kong. Paper presented at the XXVIII International Congress of Psychology, Beijing, China.
7. **Lai, B. P. Y., & Tang, C. S. K.** (2003). Disordered eating among Chinese pregnant women. Poster presented at the Hong Kong Psychological Society Annual Conference 2003, Hong Kong.

Research Grants

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| 2010-2012 | “Hong Kong Adolescents and Youth Life Survey: A Pilot Panel Study” (CI)
Amount of grant: \$380,000. Funded by Research Project Competition, HKUST |
| 2009-2011 | “Quality of life and symptom measurements in Chinese women with pelvic floor disorders - Validation study of Pelvic Floor Distress Inventory and Pelvic Floor Impact Questionnaire” (CI)
Amount of grant: \$213,955. Funded by Health and Health Services Research Fund |

Work in Progress

1. Prevalence and risk factors of postnatal depression in Chinese men
2. A randomized controlled trial comparing the psychological outcomes of different treatment modalities of miscarriage
3. A qualitative study of the psychological experiences of women following miscarriage
4. Quality of life and sexual functioning of women with gynecologic cancer
5. Posttraumatic stress disorder among Chinese women following pregnancy

Peer Reviewer for Journals

Psychosomatic Medicine, Journal of Women’s Health, The Australian and New Zealand Journal of Obstetrics and Gynaecology, European Psychiatry, Journal of Rural Health, Asian Journal of Social Psychology, Journal of Psychology in Chinese Societies

Other Teaching Experiences

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| 2010 - 2013 | Lecturer, Master of Arts in Liberal Studies, HKUST |
| 2009 - 2011 | Guest Lecturer, MSc/Dip in Women’s Health Studies and Master of Public Health, School of Public Health, CUHK |

- 2008 – 2009 Part-time Lecturer, Department of Psychology, CUHK
- 2008 – 2009 Part-time Lecturer & Thesis Supervisor, MSc/Dip in Women's Health Studies and Master of Public Health, School of Public Health, CUHK
- 2008 – 2009 Part-time Lecturer, MSSc in General Education, Faculty of Social Sciences, CUHK
- 2003 - 2007 Teaching Assistant, Department of Psychology, CUHK

Teaching Topics

- Undergraduate level: Discovering Mind and Behavior
 Psychology and Everyday Life
 Health Psychology
 Psychology of Gender
 Psychology of Adolescence and Adulthood
 Abnormal Psychology
- Postgraduate level: Personal Growth
 Understanding Human Behavior
 Perinatal Mental Health
 Social Aspects of Women's Health
 Gender and Stress
 Psychosomatic Aspects of Pain
 Introduction to Adolescent Development
- Workshop: Effecting Teaching skills (Center for Learning Enhancement and Research, The Chinese University of Hong Kong)

Awards

- 2006 Distinguished Teaching Assistant Award, Department of Psychology
- 2003 Au Yeung Lun Scholarships
 Kunkle and Pommerenke Scholarships
 Honary Chung Chi College Class Scholarships
 Dean's Honor List, Faculty of Social Science, CUHK
- 2002 Kunkle and Pommerenke Scholarships
 Honary Chung Chi College Class Scholarships
 Dean's Honor List, Faculty of Social Science, CUHK
- 2001 Kunkle and Pommerenke Matriculation Scholarships
 Li Po Chun Charitable Trust Fund Undergraduate Scholarships

Other Skills

Computer Skills: Microsoft Word, Excel, PowerPoint and Access

Statistical Skills: SPSS (including Factor Analysis, Regression, ANOVA, ANCOVA) and SEM

Language: English, Cantonese, and Mandarin