

Curriculum Vitae

Beatrice, Pui-yee LAI

Personal Particulars

E-mail beatricelai@ust.hk

Education

2003 – 2007 M.Phil.- Ph.D. in Psychology, CUHK (Health Psychology/Developmental Psychology)

2000 - 2003 BSSc In Psychology, CUHK
(1st Honors; Specialization: Psychology and Health; Minor: French)

Academic Positions

June 2022 - Adjunct Assistant Professor, Division of Social Science, HKUST
Present

May 2022 - Data Manager, Department of Paediatrics, University of Calgary
Present

Jan 2021 – Assistant Professor of Social Science Education, Division of Social Science,
Nov 2021 HKUST

- Developing and teaching psychology courses in the undergraduate and postgraduate programs, including Discovering Mind and Behavior, Psychology and Everyday Life, Developmental Psychology, Abnormal Psychology. Supervising students for research projects. Member of the Undergraduate and Curriculum Committee.

Sep 2012 – Lecturer I, Division of Social Science, HKUST
Dec 2020 - Developing and teaching psychology courses in the undergraduate and postgraduate programs. Supervising students for research projects.

Aug 2009 – Visiting Scholar, Division of Social Science, HKUST
Aug 2012 - Developing and teaching psychology courses in the undergraduate program.

July 2007 – Postdoctoral Fellow, Department of Obstetrics and Gynaecology, CUHK
July 2009 - Leading a research team to conduct studies on postnatal depression, psychological morbidity following miscarriage, psychological adjustment of gynecologic cancer patients, psychological aspects of urinary incontinence, and quality of life during menopause. Supervised medical students on their graduate thesis.

Other Teaching Experiences

| | |
|-------------|--|
| 2019 - 2020 | Supervisor, the Capstone Project, HKUST |
| 2010 - 2013 | Lecturer, Master of Arts in Liberal Studies, HKUST |
| 2009 - 2011 | Guest Lecturer, MSc/Dip in Women's Health Studies and Master of Public Health, School of Public Health, CUHK |
| 2008 – 2009 | Part-time Lecturer, Department of Psychology, CUHK |
| 2008 – 2009 | Part-time Lecturer & Thesis Supervisor, MSc/Dip in Women's Health Studies and Master of Public Health, School of Public Health, CUHK |
| 2008 – 2009 | Part-time Lecturer, MSSc in General Education, Faculty of Social Sciences, CUHK |
| 2003 - 2007 | Teaching Assistant, Department of Psychology, CUHK |

Teaching Topics

| | |
|----------------------|--|
| Undergraduate level: | Discovering Mind and Behavior Psychology and Everyday Life Research Methods Health Psychology Psychology of Gender Psychology of Adolescence and Adulthood Abnormal Psychology |
| Postgraduate level: | Personal Growth Understanding Human Behavior Perinatal Mental Health Social Aspects of Women's Health Gender and Stress Psychosomatic Aspects of Pain Introduction to Adolescent Development |
| Workshop: | Effecting teaching skills (Center for Learning Enhancement and Research, The Chinese University of Hong Kong) |

Research Interests

- Women's health
- Perinatal mental health
- Parenting and adolescent development

Publications

1. Kong, G. W. S., Lok, I. H., Yiu, A. K. W., Hui, A. S. Y., **Lai, B. P. Y.**, Chung, T. K. H. (2013). Clinical and psychological impact after surgical, medical or expectant management of first-trimester miscarriage – a randomised controlled trial. *Australian and New Zealand Journal of Obstetrics and Gynaecology*, 53(2), 170-177.
2. Chan, S. S. C., Cheung, R. Y. K., Yiu, **Lai, B. P. Y.**, Lee, L. L., Choy, K. W., Chung, T. K. H. (2013). Responsiveness of the Pelvic Floor Distress Inventory and Pelvic Floor Impact Questionnaire in women undergoing treatment for pelvic floor disorders. *International Urogynecology Journal*, 24, 213-221. [IF = 2.368]
3. **Lai, B. P. Y.**, Chung, T. H. K., Lee, D. T. S., Kong, G. W. S., Lok, I. H. (2013). Measuring grief following miscarriage: psychometric properties of the Chinese version of the Perinatal Grief Scale (PGS). *Assessment*, 20, 123-129. [IF = 1.974]
4. Chan, S. S. C., Cheung, R. Y. K., Yiu, K. W., Li, J., **Lai, B. P. Y.**, Choy, R. K. W. (2011). Chinese validation of Pelvic Floor Distress Inventory (PFDI) and Pelvic Floor Impact Questionnaire (PFIQ). *International Urogynecology Journal*, 22, 1305-1312. [IF = 2.368]
5. **Lai, B. P. Y.**, Tang, A. K. L., Lee, D. T. S., Yip, A. S. K., Chung, T. K. H. (2010). Detecting postnatal depression in Chinese men: a comparison of three instruments. *Psychiatry Research*, 180, 80-85. [IF = 2.373]
6. **Lai, B. P. Y.**, Tang, C. S. K., Chung, T. K. H. (2010). A prospective longitudinal study investigating neuroticism and mastery as predictors of quality of life among Chinese gynecologic cancer survivors. *Quality of Life Research*, 19, 931. [IF = 2.376]
7. Tang, C. S. K., **Lai, B. P. Y.**, Chung, T. K. H. (2010). Influences of mastery, spousal support, and adaptive coping on sexual drive and satisfaction among Chinese gynecologic cancer survivors. *Archives of Sexual Behavior*, 39, 1191-1200. [IF = 3.239]
8. Chan, S. S. C., Choy, K. W., **Lai, B. P. Y.**, Pang, S. M. W., Yip, S. K., Lee, L. L. L., Cheung, R. Y. K., Yiu, A. K. W., Chung, T. K. H. (2010). Chinese validation of Urogenital Distress Inventory and Incontinence Impact Questionnaire short form. *International Urogynecology Journal*, 21, 807-812. [IF = 2.412]
9. Kong, G.W.S., Chung, T.K.H., **Lai, B.P.Y.**, Lok, I.H. (2010). Gender comparison of psychological reaction after miscarriage: a 1-year longitudinal study. *BJOG – An International Journal of Obstetrics and Gynaecology*, 117, 1211-1219. [IF = 3.437]
10. Pang, M. W., Law, L. W., Leung, T. Y., **Lai, B. P. Y.**, Lau, T. K. (2009). Sociodemographic and pregnancy events associated with women who declined vaginal

- birth after caesarean section. *European Journal of Obstetrics & Gynecology and Reproductive Biology*, 143, 24-28. [IF = 1.582]
11. **Lai, B. P. Y.**, Tang, C. S. K., & Chung, T. K. H. (2009). Age-specific correlates of quality of life in Chinese women with cervical cancer. *Supportive Care in Cancer*, 17, 271-278. [IF = 2.089]
 12. **Lai, B. P. Y.**, & Tang, C. S. K. (2008). The negative impact of maternal bulimic symptoms on parenting behavior. *Journal of Psychosomatic Research*, 65,181-9. [IF = 2.908]
 13. **Lai, B. P. Y.**, & Tang, C. (2008). Parenting efficacy and adolescent self-esteem. In T. Oei & C.Tang (Eds.), *Current research & practice on cognitive behavior therapy in Asia*, pp. 61-76. Australia: University of Queensland.
 14. Tang, C. S. K., & **Lai, B. P. Y.** (2008). A review of empirical literature on the prevalence and risk markers of male-on-female intimate partner violence in contemporary China, 1987-2006. *Aggression and Violent Behavior*, 13, 10-28. [IF = 1.655]
 15. **Lai, B. P. Y.**, Tang, C. S. K., & Tse, W. K. L. (2006). A longitudinal study investigating disordered eating among recently delivered Chinese women. *International Journal of Eating Disorder*, 39(4), 303-311. [IF = 2.797]
 16. **Lai, B. P. Y.**, Tang, C. S. K., & Tse, W. K. L. (2005). Prevalence and psychosocial correlates of disordered eating among Chinese pregnant women in Hong Kong. *Eating Disorders: The Journal of Treatment and Prevention*, 13, 171-186.
 17. Leung, C. Y. W., McBride-Chang, C., & **Lai, B. P. Y.** (2004). Relations Among Maternal Parenting Style, Academic Competence, and Life Satisfaction in Chinese Early Adolescents. *Journal of Early Adolescence*, 24(2), 113-143. [IF = 1.267]

Research Grants

- | | |
|-----------|--|
| 2010-2012 | “Hong Kong Adolescents and Youth Life Survey: A Pilot Panel Study” (CI) Amount of grant: \$380,000. Funded by Research Project Competition, HKUST |
| 2009-2011 | “Quality of life and symptom measurements in Chinese women with pelvic floor disorders - Validation study of Pelvic Floor Distress Inventory and Pelvic Floor Impact Questionnaire” (CI) Amount of grant: \$213,955. Funded by Health and Health Services Research Fund |

Peer Reviewer for Journals

Psychosomatic Medicine, Journal of Women’s Health, The Australian and New Zealand Journal of Obstetrics and Gynaecology, European Psychiatry, Journal of Rural Health, Asian Journal of Social Psychology, Journal of Psychology in Chinese Societies

Awards

- | | |
|------|--|
| 2006 | Distinguished Teaching Assistant Award, Department of Psychology |
| 2003 | Au Yeung Lun Scholarships Kunkle and Pommerenke Scholarships Honary Chung Chi College Class Scholarships Dean's Honor List, Faculty of Social Science, CUHK |
| 2002 | Kunkle and Pommerenke Scholarships Honary Chung Chi College Class Scholarships Dean's Honor List, Faculty of Social Science, CUHK |
| 2001 | Kunkle and Pommerenke Matriculation Scholarships Li Po Chun Charitable Trust Fund Undergraduate Scholarships |

Other Skills

Computer Skills: Microsoft Word, Excel, PowerPoint and Access

Statistical Skills: SPSS (including Factor Analysis, Regression, ANOVA, ANCOVA) and SEM

Language: English, Cantonese, and Mandarin